

Webinar Activities

ANIMALS
BREATHING + YOGA POSES
BUTTERFLY, BAT, BIRD, BUNNY, SNAKE, BIG ANIMALS THAT
ROAR (BABY DINOSAUR)
STORY TIME BOOKS
MUSIC
SPACE CURRICULUM
MATH: SHAPES + COUNTING
LITERACY: POSES THAT BEGIN WITH A, B, C
YOGA ALPHABET

SOCIAL EMOTIONAL: MORE NOTICING LESS JUDGING

BARI KORAI

AWARD-WINNING & BEST SELLING ALBUMS FOR KIDS



MUSIC FOR KIDS YOGA: *THIS MERRY TUNE, FLY LIKE A
BUTTERFLY, THE YOGA ALPHABET*
FOR RELAXATION: *STAR ENERGY (RELAX AND BE HAPPY ALBUM)*
NEW: ON ITUNES/YOUTUBE: *ALL THE COLORS OF ME*