

List of Sensory Bases

- Water
- Oobleck (cornstarch and water)
- [Clay](#)
- [Cornstarch Packers](#) (not styrofoam!)
- [Kinetic](#) or regular sand
- Nature items like acorns, sticks, stones, or leaves
- Slime (many recipes found online)
- [Play dough](#)
- Vinegar and baking soda
- Ice - in many forms
- Shaving cream
- [Instant Snow](#)
- [Paint](#)
- Shredded paper (shred your own with a paper shredder - we like to use newspaper)
- Birdseed
- [Pom poms](#) (variety of sizes and colors)
- Food based bases: oats, dyed chickpeas, [dyed rice](#), dried lentils and beans, [colored pasta](#) (cooked or dry)

*Links are included for items sold by Becker's School Supplies

Ideas for Accessories to Add

*These can be used for imaginative play, scooping and pouring, or for strengthening fine motor skills

(Many of these can be bought at dollar stores, yard sales, online, or your local big box store)

- Citrus presses
- Metal bowls
- Metal cups
- Spoons
- Garlic presses
- Colanders
- Kitchen utensils (whisks, measuring cups, etc.)
- Salad spinner
- [Pipettes](#)
- [Spray bottles](#) and squeeze bottles
- [Squeezy tweezers](#)
- Sponges
- Loofah
- [Animals](#)
- [Wooden discs/slices/stumps](#)
- [Rocks](#)

- [Gems](#)
- Leaves (real, collected outside, or fabric)
- [Coconut leaves](#)
- [Vehicles](#) (cars, construction vehicles, etc.)
- Egg cartons
- Toilet paper tubes
- PVC tubes
- Recyclable items, like pouch tops, berry boxes, interesting packaging materials
- [Wooden craft sticks](#)