

A group of diverse children are shown from the chest up, looking upwards towards a central text box. The children have various skin tones, hair colors, and styles. One child at the top has a large afro and a mustache. Another has red hair and freckles. A boy on the left is holding a soccer ball. A girl at the bottom is wearing a purple shirt with a strawberry. The background is a light blue sky with soft clouds.

**This journal
belongs to**

Today is:

Monday Tuesday Wednesday Thursday Friday

Today, I am feeling:



Happy



Excited



Proud



Loved



Sad



Bored



Embarrassed



Lonely



Surprised



Relaxed



Confused



Tired



Scared



Worried



Frustrated



Mad

Today, I learned...

A large rectangular area defined by a dashed line, intended for a student to write their response to the prompt 'Today, I learned...'. The box is empty and occupies the majority of the page below the text.