



Kind Hearts, Ready Minds

Transition to Kindergarten Kit

A thoughtfully designed Transition to Kindergarten kit that helps children build the social-emotional and early learning skills needed for a confident start to school. Through simple, engaging activities, families support self-regulation, communication, and positive interactions at home.

Supporting Training

- [Peaceful Parents, Teachers & Children](#)

Program Goals

- Strengthen self-regulation and emotional awareness
- Encourage positive interactions and relationship-building
- Support communication and listening skills
- Reinforce early literacy and number awareness
- Promote family engagement in learning

Expected Outcomes

- Improved self-regulation and emotional control
- Increased confidence and independence
- Stronger communication and social skills
- Greater family involvement in learning
- Smoother transition into the Kindergarten classroom